

DRAIN CARE AND MANAGEMENT

Drain care:

- Drains are used in some surgeries to remove blood and serous fluid from the surgical area
- They normally do not stay in place longer than 1 week, although this time frame can be shorter or longer
- We ask you to record the amount of drain fluid removed each day
- The drain output should be measured every 12 hours (ex: 8 AM and 8 PM) and recorded in the table on page 2 (or more frequently if required)
- It is possible for blood or fluid to leak from the drain site while the drains are still in place. If this happens, reinforce the drain site with gauze and tape.
- The drains should be kept collapsed under suction to function properly
- Do not attempt to remove the drain on your own

Drain removal:

- Please call our office to let us know the drain output amount before your first post-operative appointment. Sometimes we delay this appointment for a day or two if it is too early to remove the drains.
- Drains are usually removed when output is less than 25 milliliters (mL) over a 24 hours period, but this can change depending on the case.
- Drain removal is usually done at the first post-operative appointment. Patients often will say that the sensation of drain removal feels unusual, but is not painful.
- After drain removal, it is possible to have continued fluid leakage from the drain site. This should dry up in 1-2 days.

Do not hesitate to call with any questions or concerns.

Clinic business hours (9AM to 4 PM): 613-595-1880

After hours: 613-219-9636 (Dr. MacArthur Cell)

DRAIN FLUID

DATE	TIME	LEFT DRAIN (mL)	RIGHT DRAIN (mL)
Day 1	AM		
	PM		
	Total		
Day 2	AM		
	PM		
	Total		
Day 3	AM		
	PM		
	Total		
Day 4	AM		
	PM		
	Total		
Day 5	AM		
	PM		
	Total		
Day 6	AM		
	PM		
	Total		
Day 7	AM		
	PM		
	Total		